



## Rice & Apple Salad with Tangy Cheese

- 3/4 cup **TSG Rosy Raspberry Basil Vinaigrette**
- 1 apple, cored and diced
- Zest of 1 orange
- 1/2 tsp salt
- 4 cups cooked, chilled brown rice
- 1 large stalk celery, sliced
- 1/2 cup (about 3 oz) sharp Cheddar cheese, cut into small cubes
- 1/3 cup toasted walnuts or pecans, coarsely chopped
- 1/4 cup diced red onion (optional)
- Butter lettuce

1. In a large salad bowl, combine TSG vinaigrette, diced apple, orange zest and salt. Stir to coat apples and dissolve salt.
2. Stir in remaining ingredients. Serve on lettuce leaves.

**Makes 8 servings**

**NOTE:** Other tangy cheeses are also delicious with this salad. Try asiago, Spanish manchego or feta cheese.

SALAD