

## BLACK BEAN QUESADILLAS

- 8 flour tortillas
- 1 cup shredded sharp cheddar cheese
- 1 cup **TSG Black Bean and Corn Salsa**
- 1/4 cup chopped fresh cilantro
- salt & pepper, to taste
- cooking spray
- sour cream

1. Heat oven to 350 degrees. 2. Spray a cookie sheet with cooking spray and lay out 4 of the tortillas.
3. Spread ¼ cup of Salsa and cheese over the tortilla and sprinkle the cilantro over the top. Place the last 4 tortillas on the top. Spray the top tortillas with cooking spray and sprinkle with the salt & pepper.
4. Bake in the oven until golden, around 10 minutes.
5. Cut into quarters and serve with sour cream.

**4 Servings**